# Clearmeadow P.S.

## We Matter! We Count! We Belong!

200 Clearmeadow Blvd., Newmarket, ON, L3X 2E4

E-mail: clearmeadow.ps@yrdsb.ca

Website: http://www.yrdsb.ca/schools/clearmeadow.ps

(905) 868-8081

0

Instagram: Follow us @clearmeadowps

Superintendent Faroog Shabbar Trustee Pamela McCarthy Principal Michelle Eisen Vice Principal Angue Sterling EOAA Nancy Palmeri-Breton Secretary A Jessica Sipos-Kocsis

## November 1 - 15, 2024

# Upcoming Dates



#### November

Hindu Heritage Month & Albanian Heritage Month

- 1 All Saints Day Christianity
- 1 Diwali -Hinduism Diamond Day
- 1, 8, 22, 29 Pizza (Il Bistro Pizzeria)
- 3 Daylight Saving Time Ends
- 3 9 Treaties Recognition Week
- 4, 11, 18, 25 The Hungry Donkey (Greek Food)
- 5 Fire Drill
- 5 Intermediate Boys Volleyball Areas Tournament at Mazo
- 5, 12, 19, 26 Mucho Burrito
- 6, 13, 20, 27 Kids Kitchen
- 7 Dairy Farmer Presentation
- 7, 14, 21, 28 Mr. Sub
- 8 Progress Reports Go Home
- 11 Remembrance Day
- 12 Grade 7 Immunization
- 14 15 Parent-Teacher Interviews
- 14 World Diabetes Day Wear Blue to School
- 18 Intermediate Girls Volleyball Areas Tournament
- 21 Grade 8 Dance Workshops 9:00 10:00 am
- 25 Picture Day NEW
- 25 Gifted Testing begins this week
- 28 Grade 8 Dance Workshops 9:00 10:00 am

#### December

- 2 Grade 8 Dance Workshops 9:00 10:00 am
- 2, 9, 16, The Hungry Donkey (Greek Food)
- 3, 10, 17 Mucho Burrito
- 4, 11, 18, Kids Kitchen
- 5 Grade 8 Dance Workshops 9:00 10:00 am

# YRDSB Significant Faith Day site can be found here:

https://www2.yrdsb.ca/student-suppor

t/equity-and-inclusive-education/significant-faith-days

5, 12, 19, - Mr. Sub

6 - Gifted Screening ends

6, 13, 20, - Pizza (Il Bistro Pizzeria & Toppers)

12 - Covenant House Presentation - Intermediates

23 - Jan. 3 - Winter Break

## **School Council's Message**



This week, Ms. Eisen, Ms. Sterling and fellow Council members, Voula and I attended the School Council Forum, which is an opportunity for Councils at different schools to connect and share ideas. I touched base with many schools and captured some exciting ideas that we hope to act on this school year at Clearmeadow. However, my biggest takeaway from the evening was something that YRDSB Director of Education, Bill Cober said. Mr. Cober highlighted the positive impact of engagement of school councils and the parent and school community

on student achievement. This resonated with me as over the past year we, as a Council and school community, have focused our attention on events at the school to increase engagement and reinforce that the school is a community hub for all.

# Bus Loop



## **Reminder to Parents**

We would like to thank our parents for using the Kiss & Ride at the start and end of the day. For the safety of our staff and students, we remind families who drive to school not to enter the bus loop from 8:30 - 9:30 am and 3:00 - 4:00 pm. Your cooperation is crucial in ensuring a safe environment for everyone. Thank you for your continued support.

## **Clearmeadow Soccer Game!**



We would like to say **CONGRATULATIONS** to the Intermediate Soccer Team for capturing the Mayor's Cup in the Area Soccer tournament yesterday. The team scored the first three goals and never looked back, ultimately winning the championship. A big congratulations to the team and their coaches, Mr. Boley and Ms. Grant! Your hard work and dedication truly paid off,

and we are so proud of your achievement. Way to go Coyotes!

# Parent Survey





## We Value Your Feedback!

Hello Clearmeadow Families,

We are excited to announce that we would like to continue to offer responsive learning sessions for our parent/guardian community at Clearmeadow PS. Our plans to host learning sessions aimed at building community and bringing families together. To ensure that our sessions align with your interests and needs, we kindly ask for your input. Please complete the link below to share your needs.

https://docs.google.com/forms/d/e/1FAlpQLScqEkOKEMZoSygFViMG-\_DGO9LOEm\_guR2lxYyYPPXC\_qJ9tA/viewform

Your responses will remain confidential and will solely be used by the planning committee to inform our future programming. Thank you for taking a few minutes to share your thoughts!

Sincerely, Clearmeadow PS

## Let's Keep Our Halloween Treats in Check!

Dear Clearmeadow P.S. Families.

As Halloween passes, we understand that candy and treats are an exciting part of the celebration for children. We also recognize that our students may be tempted to bring Halloween sweets to school for days after. While we want them to enjoy the fun, we're also committed to maintaining a healthy school environment that supports focus, learning, and energy balance.

### Why Limit Halloween Candy?

According to insights from the University of Guelph, excessive candy consumption not only affects children's focus and energy levels but can also lead to an unhealthy cycle of sugar highs and crashes. Too much sugar, especially during school hours, can make it hard for children to stay focused and feel

their best throughout the day. When students eat sugary treats over balanced snacks, they may struggle with mood swings, energy dips, and an overall impact on learning outcomes. You can find more on this topic at the link below:

How to Avoid A Halloween Sugar Disaster

Retrieved November 1, 2024 from <a href="https://news.uoguelph.ca/2017/10/how-to-avoid-a-halloween-sugar-disaster/">https://news.uoguelph.ca/2017/10/how-to-avoid-a-halloween-sugar-disaster/</a>

### What Are We Doing to Help?

At Clearmedow P.S., our staff is dedicated to supporting healthy choices through teaching nutrition through the Ontario Curriculum and through offering healthy snack choices in our snack bins. We will be encouraging students to balance Halloween treats with wholesome foods that are sent from home and available through our snack program. Our snack program is managed by staff and follows <a href="Ontario's Student Nutrition Food Guidelines">Ontario's Student Nutrition Food Guidelines</a>, which prioritize nutrient-rich, whole foods that fuel young minds and bodies for success in the classroom. These guidelines help us maintain a balanced approach to nutrition, ensuring students have the energy they need to thrive at school.

### **Tips for Enjoying Candy in Moderation**

While we discourage bringing candy to school, here are some tips to help your family enjoy Halloween treats responsibly:

- **Set Daily Limits:** Enjoy a few pieces of candy after a meal instead of as a school snack. This keeps their treats special and helps prevent overindulgence.
- **Create a Candy Exchange**: Trade candy for a small toy or privilege your child values, reducing the candy haul in a fun way.
- Talk About Balanced Choices: Help children understand that foods high in sugar should be balanced with more nutritious snacks that support their growth and energy.

By setting these expectations at home and at school, we can help our students find a balance that keeps them happy, healthy, and ready to learn.

# **Clearmeadow's Big Box Fundraising Event**

Back by popular demand, Clearmeadow School Council is offering the Big Box of Card fundraiser featuring a box of 35 All Occasion cards, a box of 35 All Birthday cards, a box of 35 Kids Birthday cards or our brand new Holiday Box with 50 cards. All of these boxes sell for the low price of \$35 each.

- Our campaign runs from October 18 to November 8
- Families can place orders through SchoolCash Online
- If the school sells 75 boxes a pizza party for the top selling class will be awarded!

Product Video - <a href="https://youtu.be/C96yHSZdDys">https://youtu.be/C96yHSZdDys</a>
Holiday Box Video - <a href="https://streamable.com/6eplgo">https://streamable.com/6eplgo</a>
Kids Birthday Box Video - <a href="https://youtu.be/x3pifBtXfXU">https://youtu.be/x3pifBtXfXU</a>

#### Closer look at all of our boxes - <a href="https://www.bigboxfundraising.com/collections/frontpage">https://www.bigboxfundraising.com/collections/frontpage</a>

Thank you for your participation in this fundraising campaign! Please remember that all funds raised will go directly towards initiatives that benefit the students. We really believe in the quality and value of these cards and think they would be great to have in each household in addition to the other boxes that the students sell to family, friends and co-workers.

Sincerely, Clearmeadow School Council

## Thank you for a Successful IWalk Day!





We would like to thank our students, parents, staff, members of the IWalk team, and our community partners, including police officers, for participating in our IWalk day on Thursday, October 17, 2024. The event was a great success, with many families joining us to promote the Active School Program - Walk to School Wednesdays.

We encourage all families to continue supporting this initiative by having your child walk, ride, or scooter to school every Wednesday. Your participation is vital in promoting and building a healthy community.

Thank you for your continued support!

# Pokemon Cards



## Personal Items at Home

We have been having an increase in students bringing Pokemon's cards to school. We are asking parents for their support in discouraging these items from entering the building as they have been causing many conflicts between students. We thank you in advance for your support in this area.



#### **Parent-Teacher Interviews**

Parent-Teacher Interviews will be held on the evening of Thursday, November 14, 2024, and the morning of Friday, November 15, 2024.

This week, we will send you notice of how to book a time with your child's teacher through EDSBY or through a Google Form. Teachers have varying ways in which they conduct interviews. Some may be student-led conferences, others may be one-on-one interviews. Parent-teacher conferences provide an opportunity for you to ask questions about subjects or your child's progress. It is also a time for you and the teacher to work together as a team to discuss ways you both can support your child's learning.

# Remembrance Day



On November 11<sup>th</sup> we will commemorate Remembrance Day at Clearmeadow. The Poppy Campaign is a local initiative, conducted by Legion Branches in cities, towns and communities across the country. Donations collected during the Poppy Campaign are held in Trust at the branch level to directly support Veterans and their families within their community and to help ensure Canadians 'never forget'.

Learn more about <u>how your donations help Veterans</u>. To donate <u>Poppy Donation</u>

There is no obligation to donate.

Instagram!



Clearmeadow P.S. is on **INSTAGRAM**. Follow us @clearmeadowps. This is where you'll hear about some of the great things we are doing at Clearmeadow P.S.! What are you waiting for... follow us!

Renewed Computer Technology
Program



YRDSB is once again collaborating with Renewed Computer Technology to deliver quality refurbished technology to limited income families at an affordable cost. You can learn more about them by visiting their website. Applications are now open and are due by November 18<sup>th</sup>. Please see the flyer below.

Bus Students

Does your student(s) take the bus to school?



We would like to thank our families for your ongoing support with the picking up and dropping off of your children to and from the bus. Your cooperation is greatly appreciated.

To help us ensure the smooth operation of our bus services, we kindly ask that you inform the school if your student(s) will not be taking the bus or if they will no longer be using the bus service. Your timely communication helps us manage our resources effectively and ensures the safety of all students.

Thank you in advance for your support and understanding.

### Talking to Kids about What they See Online

Clearmeadow P.S. continues to work with our students to teach them about responsible use of technology. Over the past two years, we have had Paul Davis come in to speak with students about online safety and we are looking into having him return once again. Much of the inappropriate, hurtful, racist and discriminatory language we hear students use, comes from their exposure online. We saw an exponential growth of this language during COVID when students were at home and using online platforms not only for learning but for staying connected socially. Staff are trained in and use the <a href="Discriminatory Slurs and Statements Protocol">Discriminatory Slurs and Statements Protocol</a> when responding to matters of Hate and Discrimination in the school. To support conversations at home, we are attaching a TIP SHEET for families to help when <a href="Responding to Casual Prejudice Online">Responding to Casual Prejudice Online</a>.

Online safety and knowing what your child is accessing on the Internet is increasingly important in our ever-expanding digital world as kids build a digital footprint that will follow them into adulthood. Supervising and monitoring every moment that a child is online, every click of a mouse, and every swipe of a finger may feel daunting or even overwhelming for parents and caregivers and is generally unrealistic. Parents and caregivers should, however, set limits and boundaries with respect to amount of screen time, what kids are allowed to access, and engage in frequent discussions about what children are accessing online to ensure their digital consumption is age appropriate and consistent with expectations that are put in place.

Measures are in place to guide and restrict the use of technology and access to the internet while at school. In June 2024, the Provincial Government passed legislation (PPM 128) to update the rules about the use of personal digital devices in schools. The YRDSB uses The Appropriate Use of Technology Policy to guide staff and student use of technology while at school and while using Board applications. Earlier this school year The Information and Technology Acceptable Use Agreement was shared with all families digitally through a central email sent by the Board. At Lakeside PS students are only allowed to access the internet under the direct supervision of staff and for learning purposes. While it is impossible for a staff member to watch every child's screen at the same time, staff are committed to supervising and monitoring student use of technology for learning and engaging in conversations with students before, during, and after they access the internet to ensure access to applications and the internet are consistent with Board guidelines.

## Information Session for Tamil Families - Support your child's success!

#### Support your child's success!

## Looking to better support your child academically, emotionally, and socially?

Join us for an information session for Tamil families discussing:

- · Ways to support your children's academic achievements and emotional well-being
- Student services, including Tamil-specific supports available at YRDSB
- Getting connected and accessing community resources

This information session will be delivered in Tamil and English.

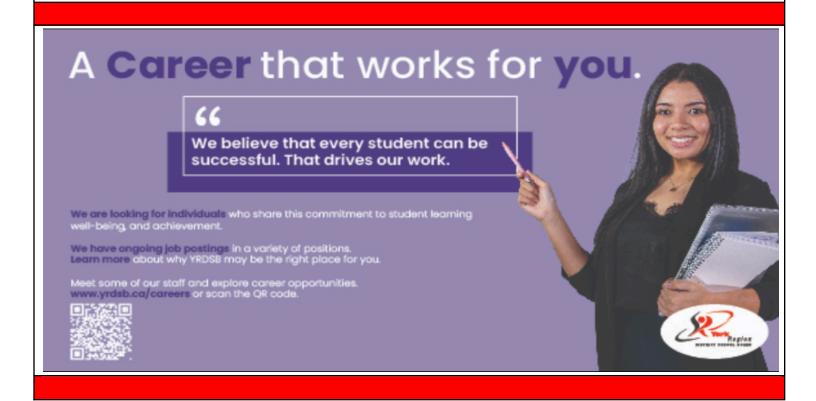
Date: November 12, 2024 Time: 6:00 PM - 7:30 PM

Location: Milliken Mills High School, 7522 Kennedy Rd, Markham, ON L3R 9S5

Registration: Please complete this **Google Form** by November 8.

Schools are asked to share this event with families. The flyer is available in **English** and **Tamil**.

Brought to you by York Region District School Board and the Catholic Community Services of York Region. For any questions, please contact Nijatha Subramaniam at nijatha.subramaniam@yrdsb.ca.





# Exploring Family, Community & Love: YRDSB Family Day at Toronto Holocaust Museum (Grades 4+)



Right photo by Shay Markowitz for the Toronto Holocaust Museum

## TORONTO HOLOCAUST MUSEUM

Date: Sunday, November 17th

Time: 1:30pm - 4:00pm

Contact: education@thethm.org

Registration Form: bit.ly/YRDSBFamilyDayTHM

Address: 4588 Bathurst St., Sherman Campus, North York, ON M2R 1W6

This program is open to YRDSB families with children in grades 4-12. Please be aware that this is not a drop-off program and all students participating are to be attended with a parent or quardian

Join Toronto Holocaust Museum (THM) and York Region District School Board (YRDSB) for a Family Sunday at the Museum. This afternoon at the museum will focus on meaningful learning about the history of the Holocaust and explore themes related to Family and Love. Age-appropriate activities will be featured for families with children in fourth grade and older throughout the Museum and Learning Lab. Activities include, reflective artmaking projects such as creating custom buttons reflecting on love and journal making that explore the themes of family history. Additionally, families can look forward to a special museum tour, with family members of Holocaust survivors who have contributed artifacts featured in the exhibition who will share the importance of these objects to their families. There will also be an opportunity to hear the age-appropriate story of Holocaust survivors' survival and immigration to Canada, with an opportunity to ask questions.



# G.I.V.E!

## Get Involved. Volunteer in Education!

2024 Fall Session Cohort 2

Join our workshop series and discover how you can make a difference in your child's education by volunteering in schools. Empower yourself to support our school community and enrich your child's learning experience!

#### You will learn more about:

- The role of a volunteer
- Transferable skills
- Equity and inclusive education
- Human rights
- Employment readiness
- School information and community resources

#### We will help you:

- · Expand your network
- Effectively communicate with school staff
- Contribute to student learning and parent engagement
- Gain volunteer experience in schools
- Build healthy communities
- Boost professionalism

Location: Main Floor, 50 High Tech Road, Richmond Hill, ON L4B 4N7

Dates: November 11 to 15, 2024 (Monday to Friday)

Time: 9:00 a.m. - 12:00 p.m.

All parents/guardians/caregivers are welcome to join this free training program! Space is limited, please scan the QR code or visit bit.ly/3WWRsxz to register now!



This free information session is organized by York Region District School Board in partnership with Catholic Community Services of York Region. For more information, please contact:

Oksana Majaski oksana.majaski@yrdsb.ca pauline.quo@yrdsb.ca 416-568-2252

Pauline Guo 905-884-3434 #322

Banafshe Eshgragi Beshraqi@ccsyr.org Ykim@ccsyr.org 437-236-42362

Yun Kim 416-625-7386







# Family Stay and Play

#### Birth to six years



Parents, caregivers and children are welcome to engage in a variety of fun early learning experiences that build positive relationships. A selection of materials will be available for you to play and learn together while providing parents and caregivers with an opportunity to connect with others.

We also invite you to check out our resources and talk to our EarlyON educators about any questions you may have.

Meadowbrook Public School 233 Patterson Street, Newmarket

New hours beginning Nov 6th Wednesdays, 8:45 a.m. to 11:00 a.m. Fridays, 8:45 a.m. to 11:45 a.m.

For more information, please call our EarlyON Child and Family Centres

Newmarket: 905-853-0754 Keswick: 905-476-3834 Visit www.yorkchild.ca to learn more.





# THE SUPREME COURT OF CANADA'S



Young artists, show us your creativity and help us mark the Supreme Court of Canada's 150th anniversary! We're looking for drawings, paintings or other graphic artwork illustrating the history and future of the Court as we commemorate its 150th year.

The contest is open to all young artists residing in Canada who will be between the age of 5 and 17 at the time of the artwork submission.

#### DEADLINE

Your artwork has to be received no later than January 31, 2025.

For more information and contest rules, visit:

scc-csc.ca/150

# SCHOOL IMMUNIZATION CLINIC

York Region Public Health is hosting an immunization clinic at your child's school for Hepatitis B, HPV & Meningococcal vaccines.

Vaccines are available for free to students in grade 7.

The scheduled clinic day is 12 NOVEMBRE 2024

It's not too late to submit a consent form.

CLICK HERE TO ACCESS THE ELECTRONIC CONSENT or scan the QR code below to complete an immunization consent form.



برای این اظامات، لطفات، لطفات، https://www.york.ca/health/immunizations/school-immunization-program مراج ، کنید

有关此信息。演访问 https://www.york.ca/health/immunizations/school-immunization-program 有關此信

息、詩詞。https://www.york.ca/health/immunizations/school-immunization-program

For more information about the school immunization clinics or eligibility for vaccines please call **York Region Public Health** at 1-877-464-9675 or visit **york.ca/immunization** 



# Do you need a computer?

Renewed Computer Technology (RCT) is a not-for-profit, charitable organization that empowers learners, educators and not-for-profit organizations with increased access to information and communications technology (ICT), skill development and learning opportunities, in a socially and environmentally responsible manner.

Working with **York Region District School Board** we are offering affordable, renewed computer packages.



- Open camera on phone
- Hold camera up to QR code above
- Click link that appears on your screen

#### You can apply for this program if you are:

A resident of Ontario and you are an individual with limited income.

Parents or legal guardians may apply on behalf of a child or youth under the age of 18.

We offer 1 computer, per family, with a limit of 2 per household per year.

We have Desktop Packages from \$85.00 to \$300.00. Plus \$35.00 to ship the computer to your home.



You get - a desktop complete with Windows 10 and MS Office 2019 - Word, Excel, PowerPoint, Outlook and OneNote plus learning software, monitor, keyboard and mouse

#### For more information, please contact:

Alexander Oliver aoliver@rcto.ca

All systems include our STANDARD 1 YEAR DEPOT WARRANTY

\*batteries not covered by warranty

We have Laptop Packages from \$160.00 to \$300.00. Plus \$25.00 to ship the computer to your home.



You get - a laptop complete with Windows 10 and MS Office 2019 - Word, Excel, PowerPoint, Outlook and OneNote plus learning software

\*Computers may not appear exactly as shown

With funding from



Visit Us Online @ www.RCTO.ca



# **Application Check-List**

You can begin to apply for a computer on: SEPTEMBER 2024 Application deadline: NOVEMBER 22nd, 2024

Group Name: YRDSB Group Code: G-YRDSB



- Open camera on phone
- Hold camera up to QR code above
- Click link that appears on your screen

#### How to fill out your application

Scan QR code OR access application using the link your organization provided

#### Section A

Group Name: YRDSB Group Code: G-YRDSB

Name of School: Please enter the name of your student's school

#### Section B

This section does not apply to you.

#### Section C

I would like to order a laptop, please ship my computer to my home (\$25.00 shipping fee)

OF

I would like to order a desktop, please ship my computer to my home (\$35.00 shipping fee)

I am part of the York Region District School Board Group order (\$20.00)

OR

I would like to pick up my computer in Mississauga RCT Warehouse (\$0.00 Shipping fee)

#### Section D

Pick your computer package and method of payment. Our partner organization will need proof of eligibility (one of the following) before you can apply for a computer.

#### Proof of Financial Status (one of the following)

- Canada Revenue Agency Notice of Assessment (most recent)
- Ontario Works Statement (Social Assistance)
- OSAP Statement of Funding
- Refugee Payment Received from government
- Letter from school supporting the application
- El Benefit Statement
- ODSP (Disability Benefits)
- Second Career/Better Jobs

#### **Payment**

You will have the following online payment options when completing your order:

- Credit/Debit Card
- Money Order or Certified Cheque
- A Third Party will be Paying (Ex. Ontario Works)

**Certified Cheques should be made to:** Renewed Computer Technology The applicant's name must be added in the memo field. When you come to pick up your computer, please bring a government photo ID.

With funding from



